

New Survey Details Benefits Of Remote Cardiac Rehab

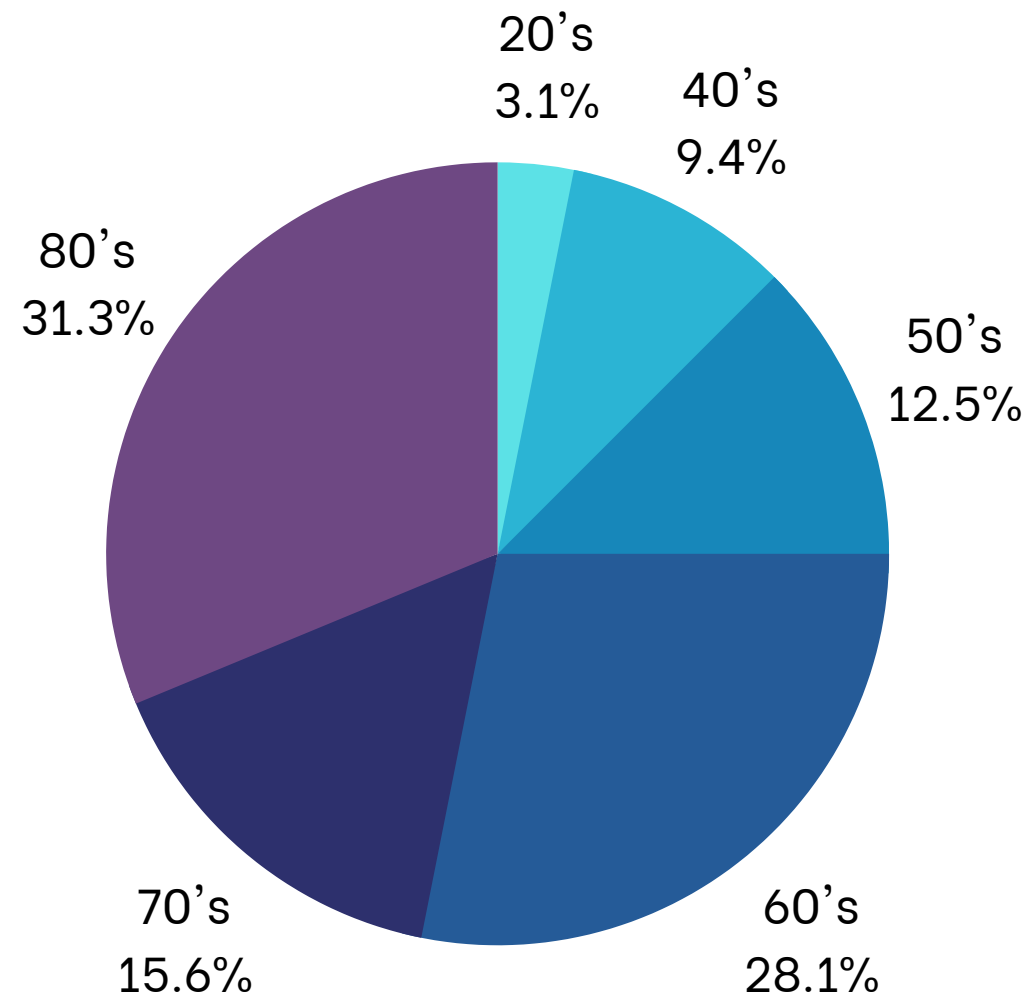
Virtual Platform Increases Compliance, Satisfaction and Ongoing Engagement



Survey of RecoveryPlus.health Remote Rehab Patients, June-July 2022

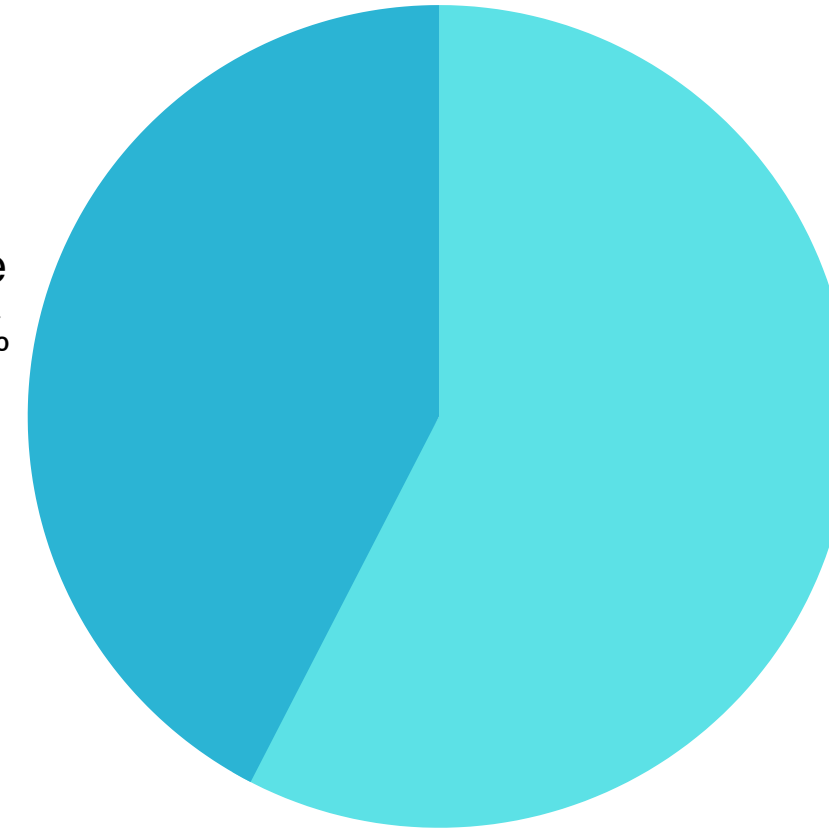


Living Situation



Age

Alone
42.4%



Assisted living facility
0%

With family or caregiver
57.6%

Gender



54.5%
Male

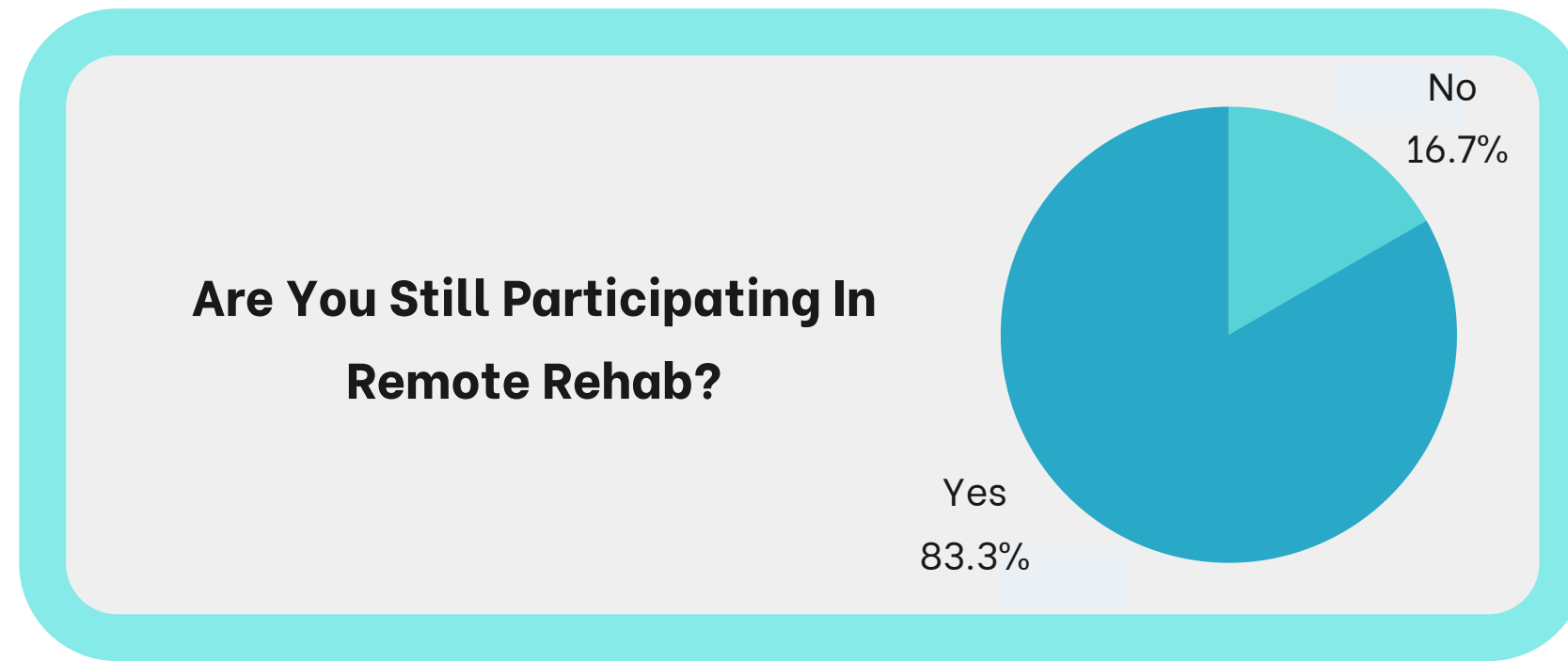
45.5%
Female





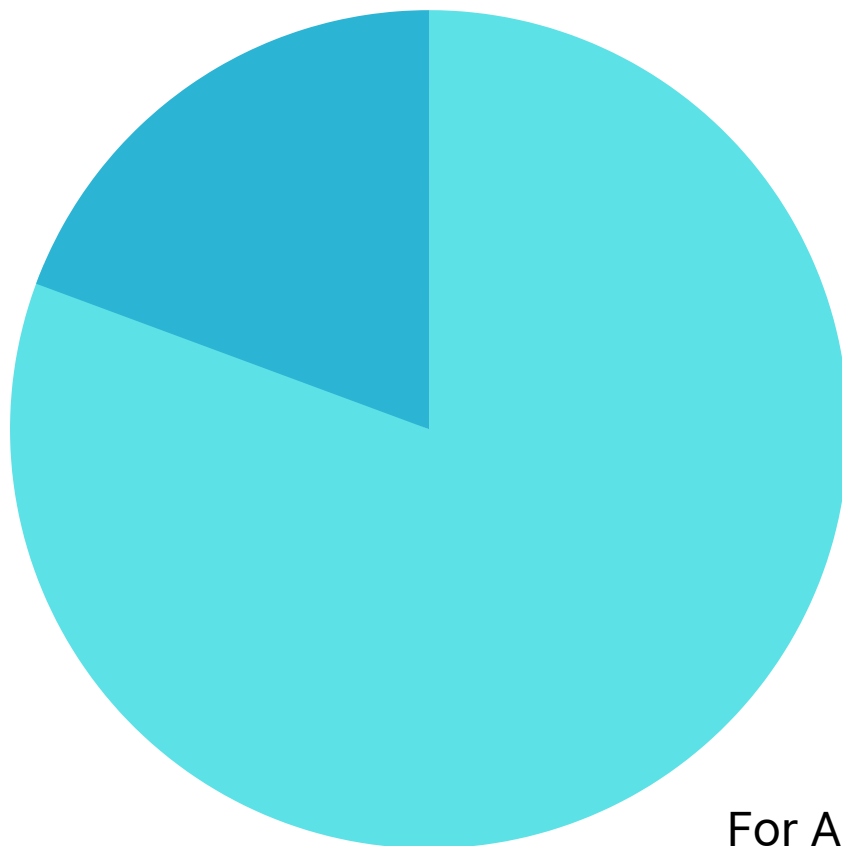
Occupation





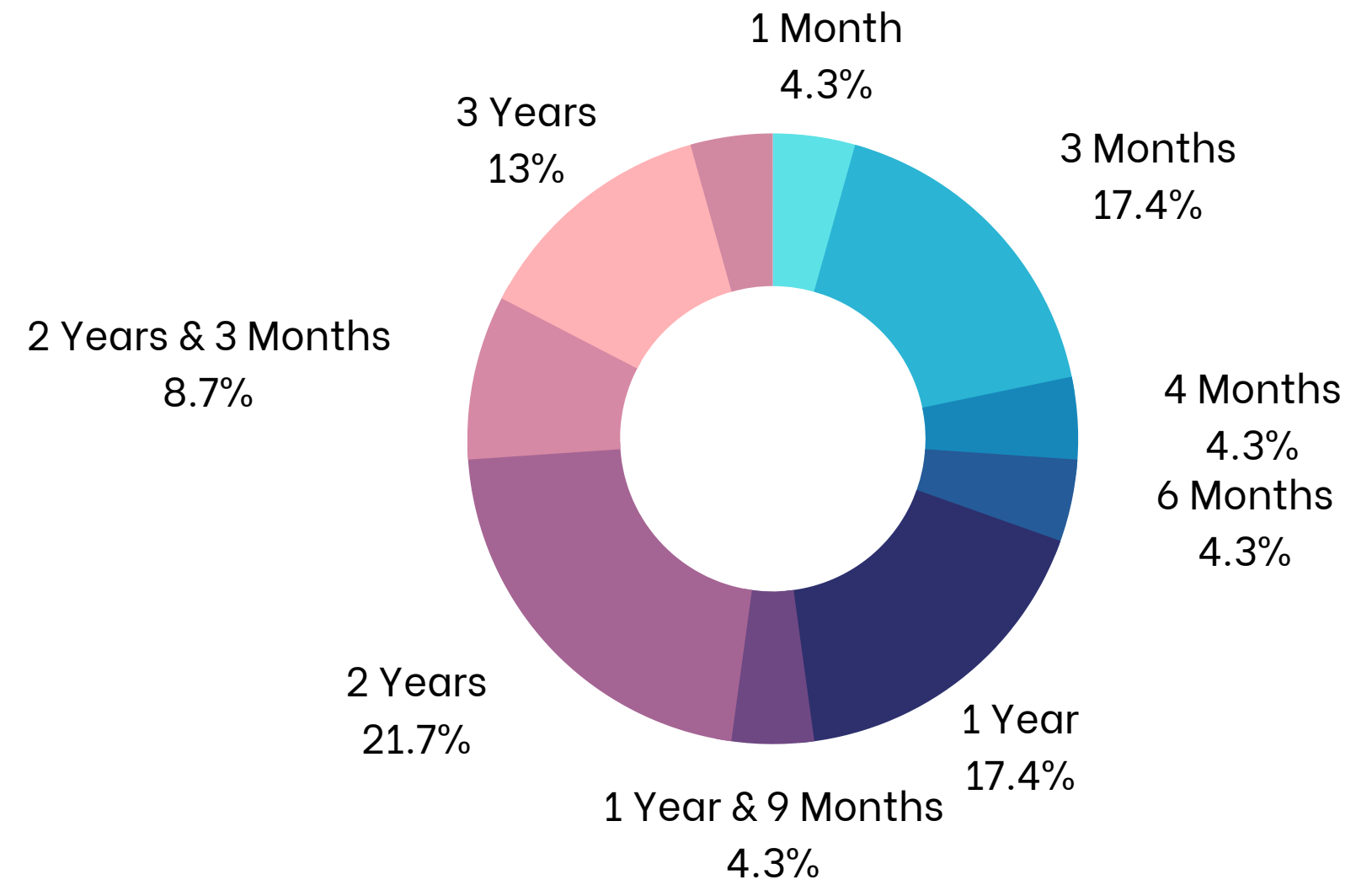
How Long Do You Expect To Stay In This Rehab Program?

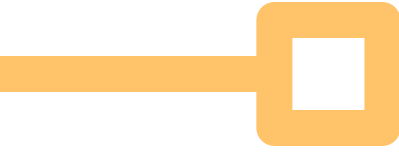
Duration of Prescription
19.4%



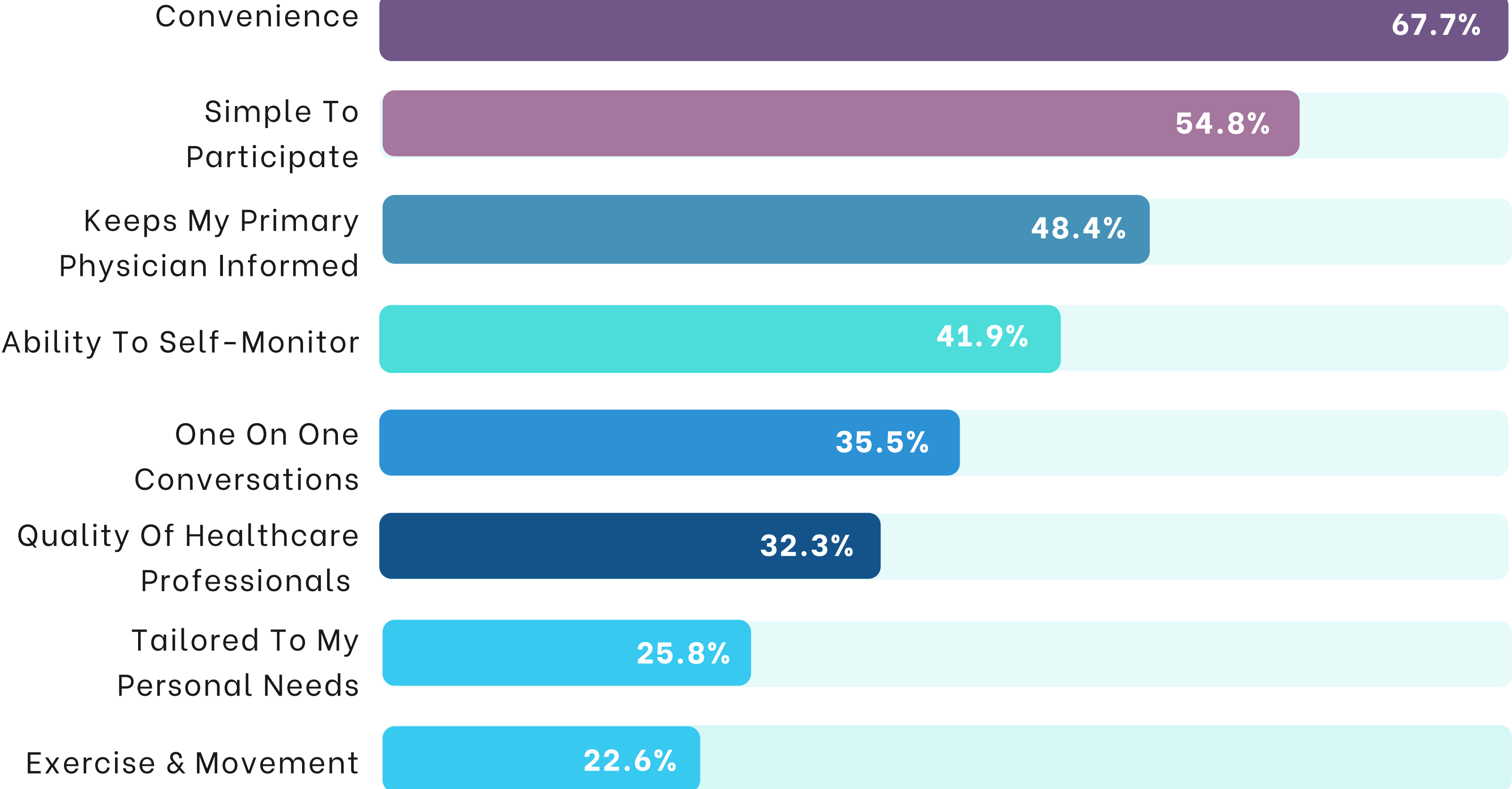
For As Long As I Can
80.6%

How Long Did You Participate Or Have Been Using This Remote Program?



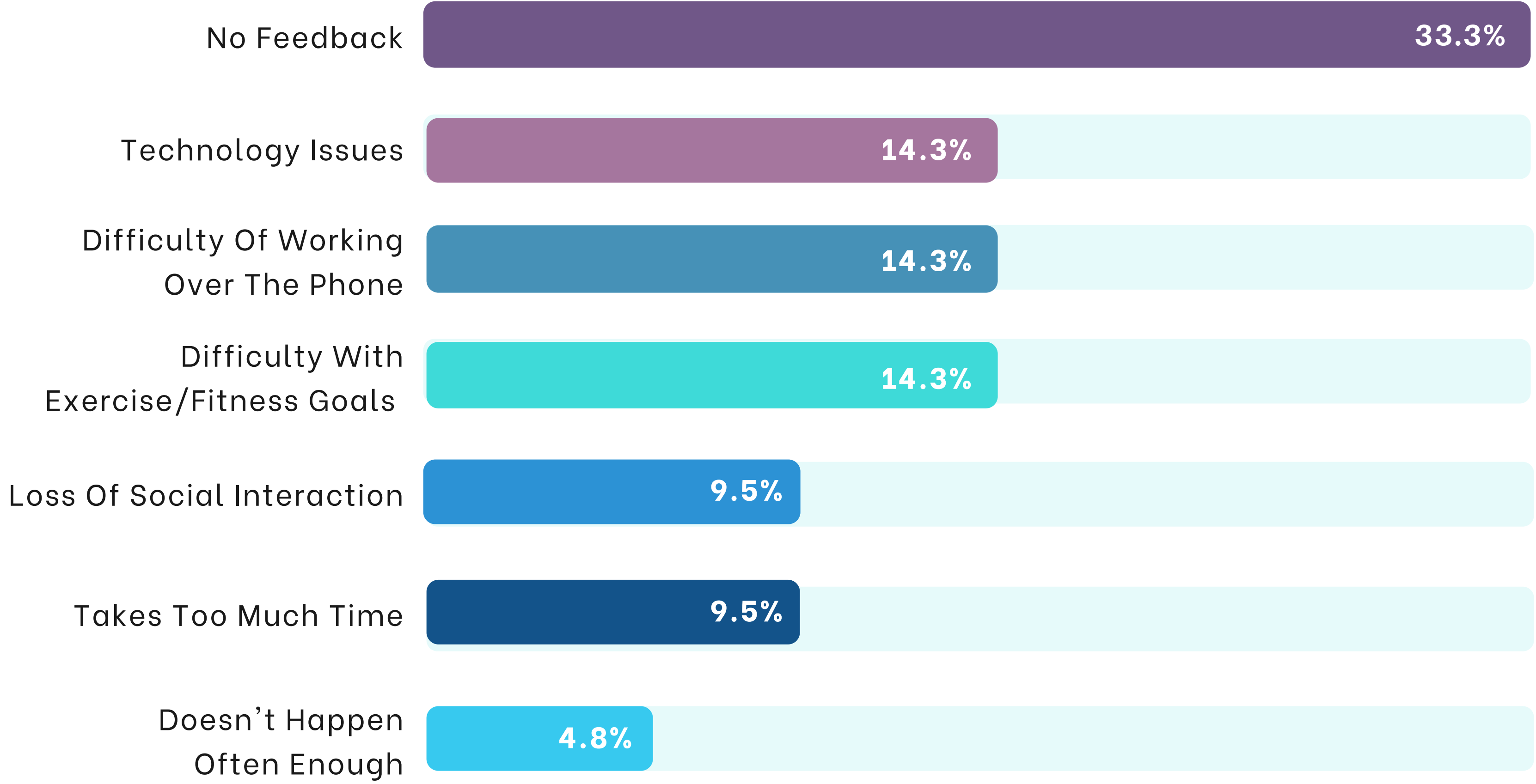


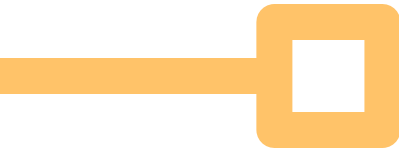
What Do You Like Most About The Telehealth Program?



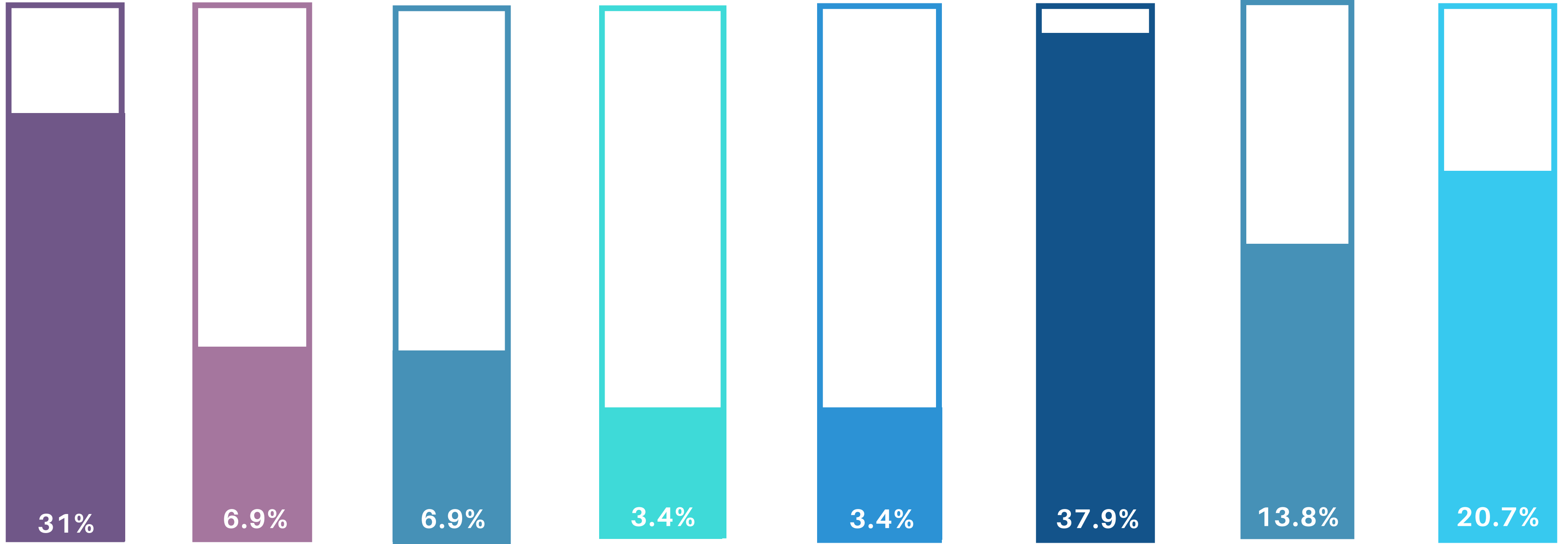


What Do You Like Least About The Telehealth Program?





Why Did You Start Remote Rehab?



Due to Covid

No Facility Nearby

Expense of Transportation

Schedule/Time Constraints

Too Physically or Mentally Exhausting

Other

Mobility Challenges

Doctor Prescribed



I Feel Better in General

I Feel Stronger

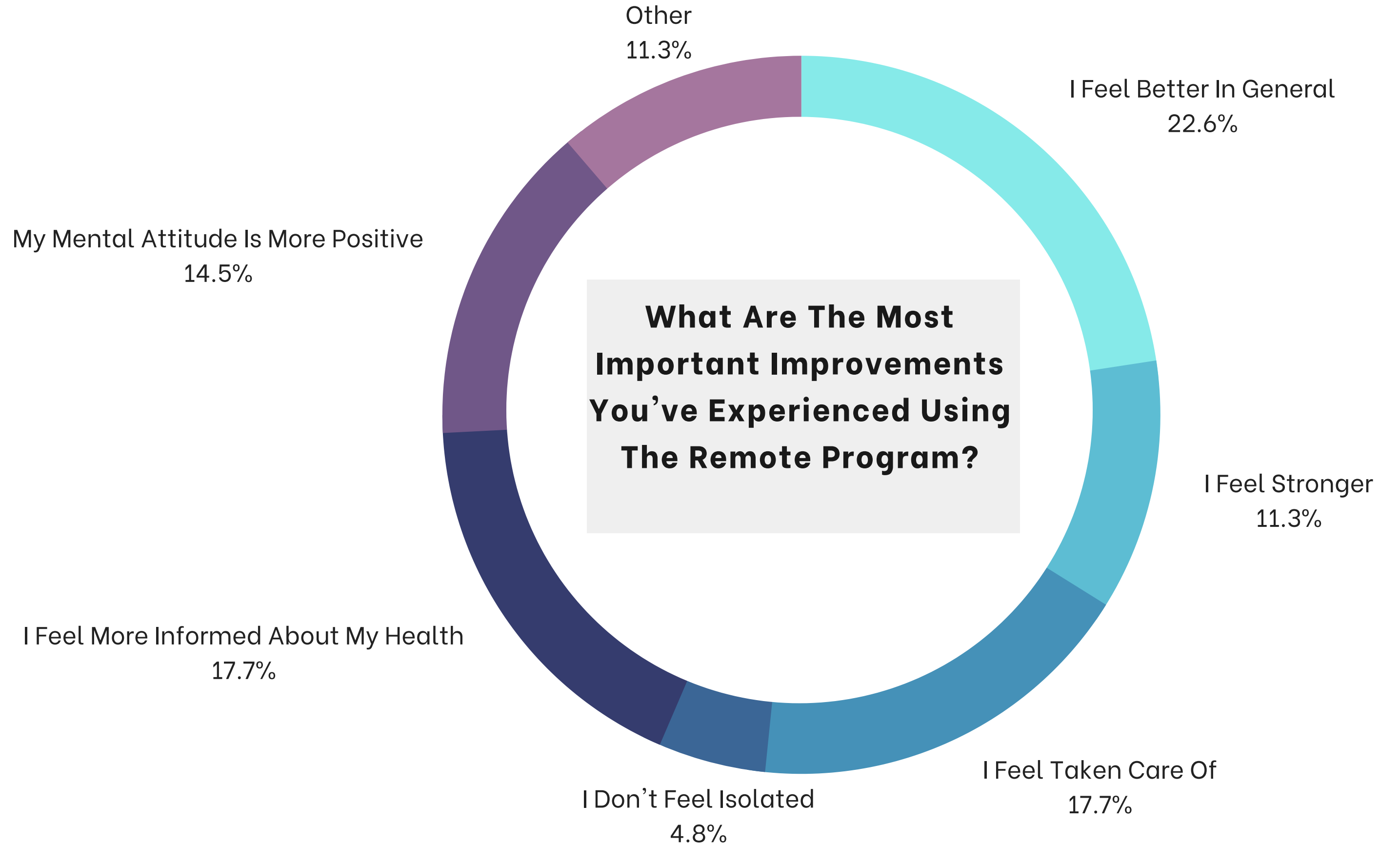
I Feel Taken Care Of

I Don't Feel Isolated

I Feel Informed About My Health

My Mental Attitude Is More Positive

Other





**What Were Your Personal Goals
When You Started The Program?**

Be In Regular Contact With
HCP Without Leaving Home

50%

Avoid Relapses Or Future
Health Issues

46.7%

Fulfill Program As
Prescribed

40%

Increase General
Movement

36.7%

Maintain Balance And
Strength

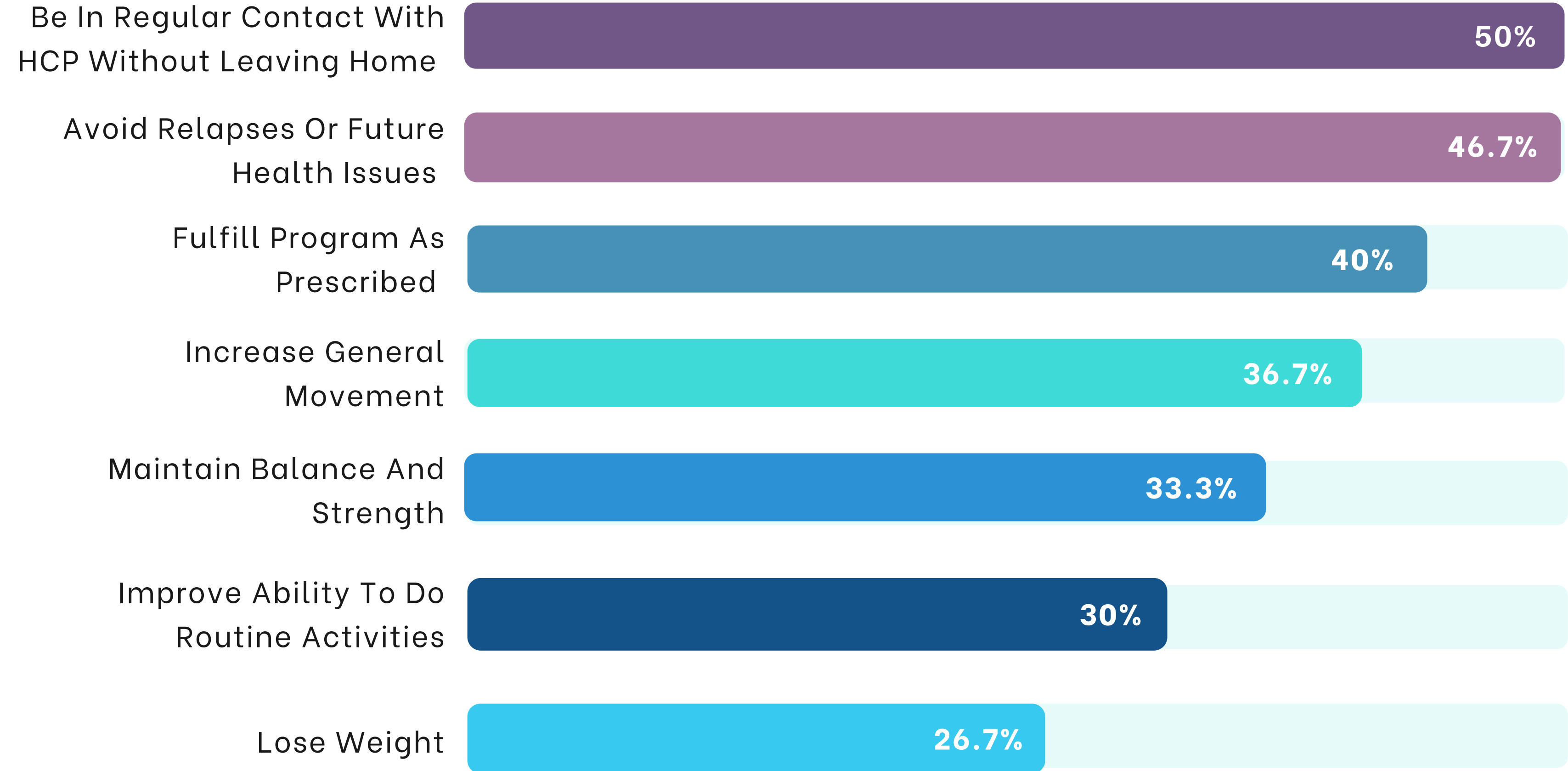
33.3%

Improve Ability To Do
Routine Activities

30%

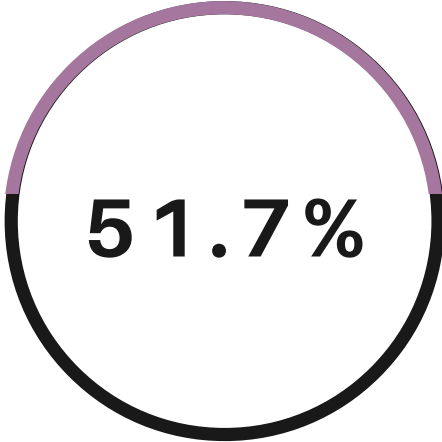
Lose Weight

26.7%

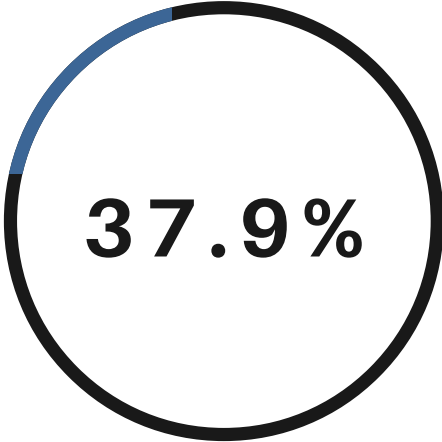




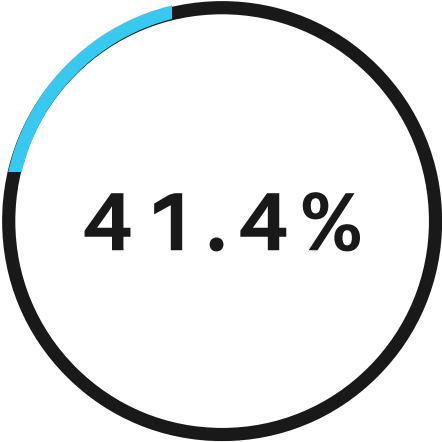
**What Qualities Are Most Important
In The HCP's With Whom You
Interact?**



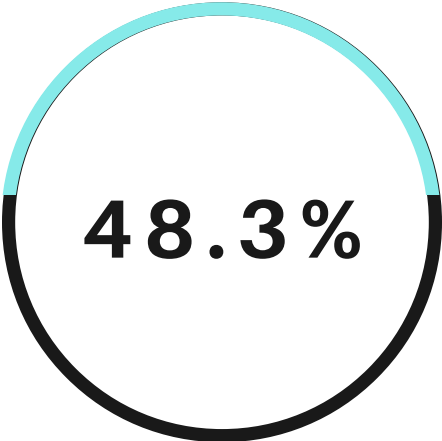
Experience With
My Illness



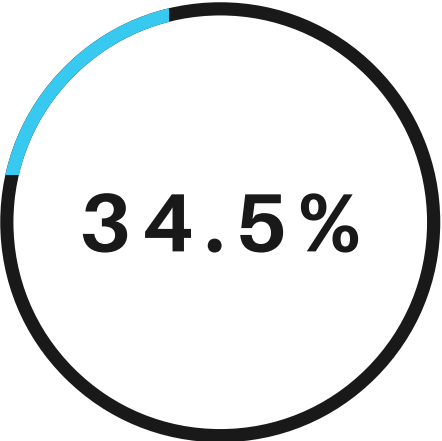
Experience With Remote
Healthcare Systems



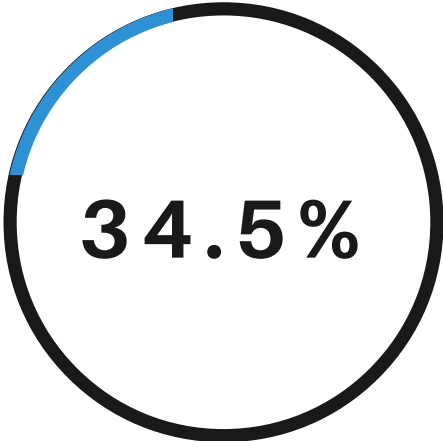
Medical/Professional
Education & Credentials



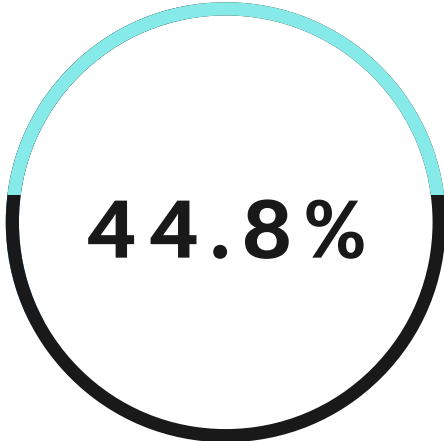
Personality



Empathy



Integrity



Ability To
Personalize Rehab

